

## **Yarra Valley Timetable**

13<sup>th</sup> to 18<sup>th</sup> December 2021

Located at Sydney Halbish Hall, Old Don Road, Don Valley

	TIME	CLASS
MONDAY	4:45 – 5:30pm	Open Acro (8 years and over)
	5:30 – 6:30pm	Sub-Inter Contemporary and Lyrical (9 years and over)
	6:30 – 7:30pm	Sub-Inter Classical Ballet and Pre-Pointe (9 years and over)

	TIME	CLASS
	4:30 – 5:45pm	Junior Jazz, Tap and Ballet (6 – 9 years)
TUESDAY	5:45 – 6:15pm	Junior Hip Hop (6 – 10 years)
	6:15 – 7:15pm	Inter Hip Hop (11 years and over)

	TIME	CLASS
WEDNESDAY	4:00 – 4:45pm	Twinkle Toes: Intro to Jazz, Tap and Ballet (3 – 5 years)
	4:45 – 5:30pm	Open Musical Theatre (5 years and over)

	TIME	CLASS
FRIDAY	9:30 – 10:00am	Mini and Me (16 months - 3 years with carer) Waitlist
	10:00 – 10:30am	Pre-Primary Classical Ballet (3 – 5 years)
	10:30 – 11:15am	Pre-Primary Jazz and Tap (3 – 5 years)
	11:20 – 11:50am	Mini Moverz: Dance Play and Tumble (18 months – 5 years) *Children under 3 with carer

<sup>\*</sup>Class times and days are subject to change without notice and classes may be combined or cancelled if there are insufficient numbers to sustain a class\*

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## **MAINSTREAM CLASSES**

## **PRE-SCHOOL CLASSES**

MINI DANCESTARZ (3 to 5 years) The perfect class for kids who like to be sprightly, but who also enjoy a gentler pace. Learn basic Jazz and Ballet technique, along with some fun Dance Play.

MINI & ME (16 months to 3 years with carer) The perfect bonding session for a parent (or other carer) and their child. You and your tiny dancer will enjoy a class full of dance, games, fun and surprises, whilst you work together to develop fine motor skills and rhythm.

MINI MOVERZ (18 months to 5 years - under 3 years with carer) An energetic class full of tumbling, dance, games and lots of fun for little ones. A perfect class to assist with the development of balance and hand/eye coordination.

**PRE-PRIMARY CLASSICAL BALLET** (3 to 5 years) Designed for kids who are ready for more of a challenge and to start learning syllabus technique. This class incorporates ballet technique and dance routines.

PRE-PRIMARY JAZZ AND TAP (3 to 5 years) Just like the movie, this class is sure to get your little penguin moving! Toes will be tapping in this fabulous introduction to basic Jazz and Tap technique.

TWINKLE TOES (3 to 5 years) A little bit of everything with a sprinkle of fun on top! Incorporating Classical Ballet, Jazz and Tap, this class is perfect for kids who simply LOVE to dance.

ACRO incorporates elements of gymnastics, jazz and contortion. It teaches flexibility, balance, strength, and coordination. In this fun but challenging class, students will learn to do handstands, cartwheels and aerials, chest stands, elbow stands and walkovers.

**CLASS DESCRIPTIONS** 

**CLASSICAL BALLET** is the most technical of all classes. It is recommended that all dancers enrol in a technique class such as this. The strength and control learned in this class is a valuable asset to any dance style.

**CONTEMPORARY** is basically classical ballet with the rule book thrown out! It is an expressionist form of dance and encompasses many facets of movement.

HIP HOP is the latest style of street dancing as seen in rap video clips - think Missy Elliot, Justin Timberlake and Beyonce! Students will be encouraged to apply their own styles and creativeness to the routines.

**JAZZ** is often associated with musicals such as Chicago or Fame, modern jazz is also the style used for pop concerts, opening ceremonies and music videos.

LYRICAL is a fusion of ballet and jazz dance techniques. It is an emotional dance style and portrays a story through every movement made.

MUSICAL THEATRE is fun with cherries and sprinkles on top! Students will learn to sing and dance in a fun and relaxed atmosphere.

POINTE/PRE-POINTE classes are additional to the regular ballet class. Dancing 'en pointe' or on your toes is a major goal in a ballerina's dance life. Pointe class may also be taken by students who are not yet on pointe to further develop and strengthen the muscles necessary to go on pointe.

TAP was established by greats such as Fred Astaire and Gene Kelly, but today with groups such as the Tap Dogs, tap dancing has grown to be very funky.