

KEY: Pre-School Classes

	STUDIO 1		STUDIO 2	
MONDAY	9:30 – 10:00am	Mini and Me (16 months - 3 years with carer)		
	10:00 – 10:30am	READY SET BALLET Level 1/2 (2 – 5 years)		
	10:35 – 11:35am	READY SET DANCE Levels 1/2 Tap, Jazz, Hip Hop, Singing (2 – 5 years)		
TUESDAY	5:00 – 5:45pm	Sub-Inter Hip Hop (9 – 12 years)		
	5:45 – 6:30pm	Inter Hip Hop (13 – 16 years)		
	6:30 – 7:30pm	Inter Jazz (12 – 16 years)		
WEDNESDAY	4:00 – 4:30pm	Pre-Primary Classical Ballet (3 – 5 years)	4:00 – 8:30pm	Private Lessons and Dancestarz Program
	4:30 – 5:15pm	Pre-Primary Jazz and Tap (3 – 5 years)		
	5:15 – 6:00pm	Sub-Inter Classical Ballet (8 – 11 years)		
	6:00 – 7:00pm	Sub-Inter Jazz and Tap (8 – 11 years)		
THURSDAY	4:00 – 4:45pm	Pre-Junior Contemporary (5 – 7 years)		
	4:45 – 5:45pm	Inter Classical Ballet and Pre-Pointe (11 years and over)		
	5:45 – 6:45pm	Junior Contemporary and Lyrical (8 – 10 years)		
	6:45 – 7:15pm	Open Stretch and Technique (8 years and over)		
	7:15 – 8:15pm	Inter Contemporary and Lyrical (11 – 15 years)		
FRIDAY	9:30 – 10:00am	READY SET BALLET Level 1 (2 – 3 years)		
	10:00 – 10:30am	Mini Moverz: Dance Play and Tumble (18 months – 5 years) *Children under 3 with carer		
	10:30 – 11:00am	Pre-Primary Classical Ballet and Jazz (3 – 5 years)		
	11:05 – 12:05pm	READY SET DANCE Level 2 Jazz, Tap, Hip Hop, Singing (2 – 5 years)		
	4:00 – 5:00pm	Intermediate Acro (6 years and over – intermediate level)	4:15 – 5:00pm	Mini Cheerleading (4 – 6 years)
5:00 – 6:00pm	Beginner Acro (6 years and over – beginner level) FULL	5:00 – 6:00pm	Junior Cheerleading (7 – 12 years)	
6:00 – 7:00pm	Advanced Acro (6 years and over – advanced level)			
7:00 – 7:45pm	Beginner Acro (6 years and over – beginner level)			
SATURDAY	8:45 – 9:15am	READY SET BALLET Level 1 (2 – 3 years)		
	9:15 – 10:00am	READY SET DANCE Level 1 NO TAP Jazz, Hip Hop, Singing (2 – 5 years)		
	10:00 – 10:30am	READY SET BALLET Level 2 (4 – 5 years)		
	10:30 – 11:15am	Primary Classical Ballet (6 – 9 years)		
	11:15 – 12:00pm	Primary Jazz and Tap (6 – 9 years)		

Class times and days are subject to change without notice and classes may be combined or cancelled if there are insufficient numbers to sustain a class

CLASS DESCRIPTIONS

PRE-SCHOOL CLASSES

READY SET BALLET (2 to 5 years) A magical ballet experience for budding ballerinas and ballerinos. Our mascot TWIRL will lead your little dancer through each step of the class, as they learn the fundamentals of ballet through props and imagination.

READY SET DANCE (2 to 5 years) A combo class of JAZZ, HIP HOP, MUSIC, SINGING and TAP for little groovers who love to jump and jive. Designed for both boys and girls, the program focuses on developing confidence, coordination and creativity.

MINI & ME (16 months to 3 years with carer) The perfect bonding session for a parent (or another carer) and their child. You and your tiny dancer will enjoy a class full of dance, games, fun and surprises, whilst you work together to develop fine motor skills and rhythm.

MINI MOVERZ (18 months to 5 years - under 3 years with carer) An energetic class full of tumbling, dance, games, and lots of fun for little ones. A perfect class to assist with the development of balance and hand/eye coordination.

MAINSTREAM CLASSES

ACRO incorporates elements of gymnastics, jazz, and contortion. It teaches flexibility, balance, strength, and coordination. In this fun but challenging class, students will learn to do handstands, cartwheels and aerials, chest stands, elbow stands and walkovers.

BRIDAL BALLROOM lessons are available for anyone who wants to learn a special dance for their big day. Dances are uniquely choreographed to your choice of music.

CHEERLEADING involves a combination of dance, gymnastics, team acrobatics, pom-pom motions, chants and cheers, stunting, jumps and kicks! Your child will discover teamwork and confidence in this energetic class.

CLASSICAL BALLET is the most technical of all classes. It is recommended that all dancers enrol in a technique class such as this. The strength and control learned in this class is a valuable asset to any dance style.

CONTEMPORARY is basically classical ballet with the rule book thrown out! It is an expressionist form of dance and encompasses many facets of movement.

HIP HOP is the latest style of street dancing as seen in rap video clips - think Missy Elliot, Justin Timberlake and Beyonce! Students will be encouraged to apply their own styles and creativeness to the routines.

JAZZ is often associated with musicals such as Chicago or Fame, modern jazz is also the style used for pop concerts, opening ceremonies and music videos.

KIDZ CLUB is the perfect after school class for kidz aged from 5 to 12 years who like to move and groove. Includes pick up from Emerald Primary School, dancing, games, and a whole lot of fun!

LYRICAL is a fusion of ballet and jazz dance techniques. It is an emotional dance style and portrays a story through every movement made.

MUSICAL THEATRE is fun with cherries and sprinkles on top! Students will learn to sing and dance in a fun and relaxed atmosphere.

POINTE/PRE-POINTE classes are additional to the regular ballet class. Dancing 'en pointe' or on your toes is a major goal in a ballerina's dance life. Pointe class may also be taken by students who are not yet on pointe to further develop and strengthen the muscles necessary to go on pointe.

SINGSTARZ is our resident singing program, designed to get you or your child pitch perfect! Lessons can be taken as a private, semi-private, or in a small group.

STRETCH AND TECHNIQUE/KICKS, LEAPS AND TURNS focuses on improving a dancer's muscular strength, flexibility, and endurance. Students work on their jump and turning skills which can be applied and adapted to suit all dance styles.

TAP was established by greats such as Fred Astaire and Gene Kelly, but today with groups such as the Tap Dogs, tap dancing has grown to be very funky.