

**KEY:** Pre-School Dance Classes

Circus Classes

	STUDIO 1		STUDIO 2	
<b>MONDAY</b>	9:30 – 10:00am	Mini and Me (16 months - 3 years with carer) <b>Waitlist</b>		
	10:05 – 10:50am	Ready Set Ballet Silver (3 – 5 years)		
	10:55 – 11:55am	Ready Set Dance Gold - Jazz, Tap, Hip Hop, Singing (3 – 5 yrs)		
	12:00 – 12:30pm	Ready Set Ballet Bronze (2 – 3 years) <b>Waitlist</b>		
	4:00 – 4:45pm	Little Cirque – Circus for Pre-Schoolers (3 – 5 years) <b>Waitlist</b>		
	4:45 – 5:45pm	Junior Dance Cirque (6 – 8 years) <b>Waitlist</b>		
	5:45 – 6:45pm	Sub-Inter Dance Cirque (9 – 12 years) <b>Waitlist</b>		
	6:45 – 7:45pm	Open Dance Cirque (13 – 17 years) <b>Waitlist</b>		
	7:45 – 8:45pm	Adult Dance Cirque (18 years and over) <b>Waitlist</b>		
<b>TUESDAY</b>	4:00 – 5:00pm	Junior Jazz and Hip Hop (6 – 9 years)	4:00 – 5:00pm	Pre-Junior Classical Ballet and Jazz (5 – 7 years)
	5:00 – 5:45pm	Inter Hip Hop (14 years and over)	5:00 – 5:45pm	Sub-Inter Hip Hop (10 – 13 years)
	5:45 – 6:45pm	Inter Jazz (14 years and over)	5:45 – 6:45pm	Sub-Inter Jazz (10 – 13 years)
			6:45 – 7:30pm	Open Tap (9 years and over)
<b>WEDNESDAY</b>	4:00 – 4:45pm	Little Cirque – Circus for Pre-Schoolers (3 – 5 years) <b>Waitlist</b>	4:00 – 4:30pm	Primary Classical Ballet (4 – 6 years)
	4:45 – 5:45pm	Junior Dance Cirque (6 – 8 years) <b>Waitlist</b>	4:30 – 5:15pm	Primary Jazz and Tap (4 – 6 years)
	5:45 – 6:45pm	Sub-Inter Dance Cirque (9 – 12 years) <b>Waitlist</b>	5:15 – 6:00pm	Junior Classical Ballet (7 - 11 years)
			6:00 – 7:00pm	Junior Jazz and Tap (7 - 11years)
<b>THURSDAY</b>	4:00 – 4:45pm	Little Cirque – Circus for Pre-Schoolers (3 – 5 years) <b>Waitlist</b>	4:45 – 5:45pm	Junior Contemporary and Lyrical (8 - 11 years)
			5:45 – 6:15pm	Open Stretch and Technique (8 years and over)
			6:15 – 7:15pm	Open Contemporary and Lyrical (12 years and over)
			7:15 – 8:15pm	Open Classical Ballet and Pre-Pointe (12 years and over)
			8:15 – 8:45pm	Pointe Technique (12 years and over)

	STUDIO 1		STUDIO 2	
FRIDAY	9:30 – 10:00am 10:05 – 10:50am	Ready Set Ballet Bronze (2 – 5 years) <b>Waitlist</b> Ready Set Dance Silver NO TAP - Jazz, Hip Hop, Singing (2 – 3) <b>Waitlist</b>		
	10:05 – 11:05am 11:10 – 11:40am	Ready Set Dance Gold Jazz, Tap, Hip Hop, Singing (3 – 5 yrs) <b>Waitlist</b> Mini Moverz: Dance Play and Tumble (18 months – 5 years) <i>*Children under 3 with carer</i> <b>Waitlist</b>		
	4:00 – 5:00pm 5:00 – 6:30pm 6:00 – 7:30pm	Beginner Acro (6 years and over – beginner level) Intermediate Acro (6 years and over – intermediate level) Advanced Acro (6 years and over – advanced level)		
SATURDAY	9:00 – 9:45am 9:45 – 10:45am 10:45 – 11:45am	Little Cirque – Circus for Pre-Schoolers (3 – 5 years) <b>Waitlist</b> Junior Dance Cirque (6 – 8 years) <b>Waitlist</b> Sub-Inter Dance Cirque (9 – 12 years) <b>Waitlist</b>	8:30 – 9:00am 9:00 – 9:45am 9:00 – 10:00am 10:00 – 10:45am	Ready Set Ballet Bronze (2 – 3 years) Ready Set Dance Silver NO TAP Jazz, Hip Hop, Singing (2 – 3) Ready Set Dance Gold Jazz, Tap, Hip Hop, Singing (3 – 5 years) Ready Set Ballet Silver (4 – 5 years)
	1:00 – 8:00pm	Private lessons and Birthday Parties	10:45 – 11:30am 11:30 – 12:30pm	Junior Classical Ballet (6 – 9 years) Junior Jazz and Tap (6 – 9 years)
SUNDAY	10:30am onwards	Birthday Parties and Private Lessons		

**\*Class times and days are subject to change without notice and classes may be combined or cancelled if there are insufficient numbers to sustain a class\***

## PRE-SCHOOL CLASSES

**READY SET BALLET** (2 to 5 years) A magical ballet experience for budding ballerinas and ballerinos. Our mascot TWIRL will lead your little dancer through each step of the class, as they learn the fundamentals of ballet through props and imagination.

**READY SET DANCE** (2 to 5 years) A combo class of JAZZ, HIP HOP, MUSIC, SINGING and TAP for little groovers who love to jump and jive. Designed for both boys and girls, the program focuses on developing confidence, coordination and creativity.

**MINI & ME** (16 months to 3 years with carer) The perfect bonding session for a parent (or another carer) and their child. You and your tiny dancer will enjoy a class full of dance, games, fun and surprises, whilst you work together to develop fine motor skills and rhythm.

**MINI MOVERZ** (18 months to 5 years - under 3 years with carer) An energetic class full of tumbling, dance, games, and lots of fun for little ones. A perfect class to assist with the development of balance and hand/eye coordination.

## MAINSTREAM CLASSES

**ACRO** incorporates elements of gymnastics, jazz, and contortion. It teaches flexibility, balance, strength, and coordination. In this fun but challenging class, students will learn to do handstands, cartwheels and aerials, chest stands, elbow stands and walkovers.

**CLASSICAL BALLET** is the most technical of all classes. It is recommended that all dancers enrol in a technique class such as this. The strength and control learned in this class is a valuable asset to any dance style.

**CONTEMPORARY** is basically classical ballet with the rule book thrown out! It is an expressionist form of dance and encompasses many facets of movement.

**LITTLE CIRQUE** (2 to 5 years) A circus skills class where little ones can gain confidence and learn new skills. Includes basic tumbling, interactive circuits, balance beams, silks, juggling, hula hoops and more!

**DANCE CIRQUE** is a circus skills class for kids through to adults! Includes interactive circuits, lyra, silks, trapeze, juggling, hula hoops and more!

**HIP HOP** is the latest style of street dancing as seen in rap video clips - think Missy Elliot, Justin Timberlake and Beyonce! Students will be encouraged to apply their own styles and creativeness to the routines.

**JAZZ** is often associated with musicals such as Chicago or Fame, modern jazz is also the style used for pop concerts, opening ceremonies and music videos.

**LYRICAL** is a fusion of ballet and jazz dance techniques. It is an emotional dance style and portrays a story through every movement made.

**MUSICAL THEATRE** is fun with cherries and sprinkles on top! Students will learn to sing and dance in a fun and relaxed atmosphere.

**POINTE/PRE-POINTE** classes are additional to the regular ballet class. Dancing 'en pointe' or on your toes is a major goal in a ballerina's dance life. Pointe class may also be taken by students who are not yet on pointe to further develop and strengthen the muscles necessary to go on pointe.

**STRETCH AND TECHNIQUE** focuses on improving a dancer's muscular strength, flexibility, and endurance. Students work on their jump and turning skills which can be applied and adapted to suit all dance styles.

**TAP** was established by greats such as Fred Astaire and Gene Kelly, but today with groups such as the Tap Dogs, tap dancing has grown to be very funky.