

Kreationz

school of cheerleading and dance

www.kreationzdance.com.au



2012 STUDENT AND PARENT INFORMATION

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SCHOOL INFORMATION	3
OUR TEACHING STAFF	3
OUR DISCIPLINES	3
CLASS ATTIRE.....	4
ADULT CLASSES.....	4
MUMMY AND ME.....	4
JAZZ	5
CLASSICAL BALLET	5
TAP	6
CHEERLEADING	6
HIP HOP	6
WHAT NOT TO WEAR.....	6
WHERE TO PURCHASE DANCE WEAR.....	7
STUDENT AND PARENT ETIQUETTE.....	7
SAFETY.....	7
COMMUNICATION.....	7
REHEARSALS, CONCERTS AND PERFORMANCES.....	8
COSTUMES.....	8
EISTEDDFODS AND CHOREOGRAPHIC COMPETITIONS.....	8
PRIVATE LESSONS	9
PHOTOGRAPHS AND FILMING	9
FEEES POLICY, REFUNDS AND MISSED CLASSES	9
OUTSTANDING FEES.....	9
PARENT INVOLVEMENT - CAN YOU HELP?	9

SCHOOL INFORMATION

Kreationz - School of Cheerleading and Dance is fun and friendly dance school aiming to provide children and adults with a fresh and exciting approach to dancing. We do not place pressure on students, instead we encourage them to set personal goals and we help to achieve them. Whether you want a career in dancing or if you just want to have fun, Kreationz will assist you to accomplish your aspirations.

Principal: Kristen Morton

Phone: 0422 413 167

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Web: www.kreationzdance.com.au

Postal Address: PO Box 1088, Mountain Gate, VIC, 3156

Studio Locations: Boronia and Emerald

OUR TEACHING STAFF

Miss Kristen Morton	<i>Jazz, Cheerleading, Hip Hop, Mini Dancestarz, Mummy & Me and Teeny Boppers</i>
Miss Rhiannon Ferris	<i>Cheerleading, Classical Ballet, Contemporary and Tap</i>
Miss Cecilia Powley	<i>Cheerleading and Contemporary</i>
Miss Michele Imfeld	<i>Jazz, Contemporary and Tap</i>
Miss Nicole Weeks	<i>Classical Ballet and Tap</i>
Miss Suzi Beasley	<i>Tap, Jazz and Bridal Ballroom</i>
Miss Bec Blennerhassett	<i>Hip Hop</i>
Miss Tiana Bedwell	<i>Mini Dancestarz</i>
Miss Kineesha Peterson	<i>Mini Dancestarz, Jazz</i>
Miss Soni Spreadborough	<i>Bollywood</i>

OUR DISCIPLINES

BOLLYWOOD is a commercial name for modern Indian dancing. It's a combination of classical Indian dance, folk dancing and modern hip hop. It's fun and works out your entire body - a fabulous cardio workout!

BRIDAL BALLROOM/BRIDAL BOLLYWOOD lessons are available for anyone who wants to learn a special dance for their big day. Dances are uniquely choreographed to your choice of music.

CHEERLEADING involves a combination of dance, gymnastics, team acrobatics, pom-pom motions, chants and cheers, stunting, jumps and kicks and team leadership.

CLASSICAL BALLET is the most technical of all classes. It is recommended that all dancers enrol in a technique class such as this. The strength and control learned in a class such as this is a valuable asset to any dance style.

CONTEMPORARY is basically classical ballet with the rule book thrown out! It is an expressionist form of dance and encompasses many facets of movement.

HIP HOP is the latest style of street dancing as seen in rap video clips - think Missy Elliot, Justin Timberlake and Beyonce! Students will be encouraged to apply their own styles and creativeness to the routines.

JAZZ is often associated with musicals such as Chicago or Fame, modern jazz is also the style used for pop concerts, opening ceremonies and music videos.

OUR DISCIPLINES CON'T

MINI CHEERSTARZ is heaps of fun allowing 3 - 5 year olds to learn basic tumbling skills such as forward rolls and cartwheels, as well as cheerleading pom pom motions and dance.

MINI DANCESTARZ is a fun and energetic class full of games and basic jazz routines for 2.5 - 4 year olds.

MUMMY AND ME is an energetic class full of games and lots of fun for Mums, Dads and their 2 - 4 year olds (Grandparents and other relatives welcome too!) - a chance for the adults to be silly too!

TAP was established by greats such as Fred Astaire and Gene Kelly, but today with groups such as the Tap Dogs, tap dancing has grown to be very funky.

TEENY BOPPERS is an energetic Kinder Dance class full of games and lots of fun for 2.5 - 5 year olds.

TUMBLING is the ideal way to perfect your technique and skills for any of our dance classes. Our tumbling program includes learning all floor tumbling skills, ranging from the basic hand stand to back flips.

POINTE classes are additional to the regular ballet class. Dancing 'en pointe' or on your toes is a major goal in a ballerina's dance life. Pointe class may be taken by students who are not yet on pointe to further develop and strengthen the muscles necessary to go on pointe.

PERFORMANCE TROUPES AND SQUADS are available to students by audition. Performance opportunities involve State and National competitions, Eisteddfods, Festivals, Parades, Corporate and Social Functions.

PRIVATE LESSONS are available in all styles of dance.

GROUP LESSONS in all styles for **KINDER, PRIMARY, HIGH SCHOOL, CORPORATE** and **SOCIAL** groups.

CLASS ATTIRE

At Kreationz we believe that when students look like a dancer, they feel like a dancer! We ask that students wear suitable clothing as it can be unsafe and sometimes dangerous when the incorrect clothing is worn. *Kreationz has a uniform that can be purchased - please ask in class for samples and an order form.*

The following dance wear items are required for each class:

ADULT CLASSES

Please ensure you can move and stretch in all items of clothing

- Tops* Optional 'Kreationz singlet or t-shirt or any other singlet or t-shirt (fitted or loose)
Legs Leggings (full or $\frac{3}{4}$) OR dance pants (full or $\frac{3}{4}$) OR shorts OR tracksuit pants (not too baggy)
Feet **Jazz** - Black split sole jazz shoes
Bollywood - Bare feet
Tap - Tan tap shoes you feel comfortable dancing in (we recommend a low heel for beginners)

MUMMY AND ME

For Mummies and Daddys

- Tops* Singlet OR t-shirt (fitted or loose)
Legs Leggings (full or $\frac{3}{4}$) OR dance pants (full or $\frac{3}{4}$) OR shorts OR tracksuit pants
Feet Comfy runners or bare feet

For Kiddies

- Tops* Leotard OR singlet or t-shirt WITH wrap around top for winter
Legs Black bike shorts OR leggings (full or $\frac{3}{4}$) OR black fitted dance pants OR pale pink ballet tights with black or baby pink ballet skirt (Boys - black dance pants or shorts)
Feet Pale pink full sole ballet shoes - no Jiffies please!

CLASS ATTIRE CONT

JAZZ

Mini Dancestarz/Teeny Boppers

- Tops* Black or baby pink sleeveless leotard OR black 'Kreationz' singlet/t-shirt WITH black or baby pink wrap around top for winter
- Legs* Black bike shorts OR leggings (full or $\frac{3}{4}$) OR black fitted dance pants OR pale pink ballet tights with black or baby pink ballet skirt
(Boys - black dance pants or shorts)
- Feet* Pale pink full sole ballet shoes - no Jiffies please!

Junior Dancestarz and Junior Jazz

- Tops* Black 'Kreationz' singlet/t-shirt AND black or baby pink wrap around top for winter
- Legs* Black bike shorts OR leggings (full or $\frac{3}{4}$) OR black fitted dance pants OR pale pink ballet tights with black or baby pink ballet skirt
(Boys - black dance pants or shorts)
- Feet* Tan split sole jazz shoes

Pre-Teens Jazz

- Tops* Fitted 'Kreationz' singlet/t-shirt WITH black 'Kreationz' jacket for winter
- Legs* Black bike shorts OR black leggings (full or $\frac{3}{4}$) OR fitted black dance pants (Boys - dance pants or shorts)
- Feet* Tan split sole jazz shoes

Teens and Senior Inter/Advanced Jazz

- Tops* Fitted 'Kreationz' singlet/t-shirt WITH black 'Kreationz' jacket for winter
- Legs* Black bike shorts OR black leggings (full or $\frac{3}{4}$) OR fitted black dance pants (Boys - dance pants or shorts)
- Feet* Tan split sole jazz shoes **AND** black Bloch jazz runners - both will be required for the concert

Senior Beginner Jazz

- Tops* Fitted 'Kreationz' singlet/t-shirt WITH black 'Kreationz' jacket for winter
- Legs* Black bike shorts OR black leggings (full or $\frac{3}{4}$) OR fitted black dance pants (Boys - dance pants or shorts)
- Feet* Tan split sole jazz shoes

CLASSICAL BALLET

Mini Ballet/Tap (4-6 yrs)

- Tops* Baby pink sleeveless leotard and wrap around top
- Legs* Pale pink ballet tights WITH pink ballet skirt
- Feet* Pale pink full sole ballet shoes with elastic **AND** Tan 'Mary Jane' or 'Tap On' style shoes (low heel) - the Capezio brand has velcro buckles which are good for young students.

Classical Ballet (7-10 yrs)

- Tops* Baby pink sleeveless leotard and wrap around top
- Legs* Pale pink ballet tights WITH pink ballet skirt
- Feet* Pale pink full sole ballet shoes with elastic

Classical Ballet (11-14 yrs)

- Tops* Black sleeveless leotard and black wrap around top
- Legs* Pale pink ballet tights WITH black ballet skirt OR black stretchy shorts
- Feet* Pale pink full sole ballet shoes with elastic (legwarmers are optional and must be black or pale pink)

CLASS ATTIRE CONT'

Classical Ballet 15 yrs+ and Pointe

- Tops* Black sleeveless leotard and black wrap around top
Legs Pale pink ballet tights WITH black ballet skirt OR black stretchy shorts
Feet Pale pink full sole ballet shoes with elastic (legwarmers are optional and must be black or pale pink)
Correctly fitted Pointe shoes are required for the Pointe class only

TAP

All Tap Classes excluding Mini Ballet/Tap and Adult Tap

- Tops* Fitted 'Kreationz' singlet/t-shirt with black 'Kreationz' jacket for winter
Legs Black bike shorts OR black leggings (full or $\frac{3}{4}$) OR fitted black dance pants (Boys - dance pants or shorts)
Feet Tan 'Mary Jane' or 'Tap On' style shoes (low heel)

CHEERLEADING

Mini Cheerstarz, Youth, Junior and Senior Cheerleading

- Tops* Fitted 'Kreationz' singlet/t-shirt - no loose tops
Legs Fitted black bike shorts OR stretchy black shorts - no loose pants or leggings please
Feet Kaepa 'Jump' Cheerleading shoes

CONTEMPORARY

Junior, Teens and Senior Contemporary

- Tops* Black leotard OR fitted 'Kreationz' singlet/t-shirt OR wrap around
Legs Black bike shorts OR black leggings (full or $\frac{3}{4}$) OR fitted black dance pants OR pale pink ballet tights with black ballet skirt (Boys - dance pants or shorts)
Feet Bare feet or optional skin coloured foot thongs/undeez

HIP HOP

Junior, Teens and Senior Hip Hop

- Tops* Fitted 'Kreationz' singlet or t-shirt with black 'Kreationz' jacket for winter
Legs Black bike shorts OR black leggings (full or $\frac{3}{4}$) OR fitted black dance pants (Boys - dance pants or shorts)
OR stretchy tracksuit pants
Feet White runners (preferably not jazz runners)

Hair should be tied up for all classes and students are requested not to wear dance shoes outside to and from classes. **PLEASE ALSO LABEL YOUR SHOES!**

WHAT NOT TO WEAR

- NO DENIM
- NO ugg boots
- NO street shoes (except for Hip Hop class)
- NO baggy clothes (to enable the correction of posture and technique)
- NO thongs
- NO jiffies (they are too slippery!)
- NO tight, un-stretchable clothes
- NO hooded jumpers

NO JEWELLERY OR PIERCINGS ARE TO BE WORN TO CLASS FOR THE SAFETY OF ALL STUDENTS.

WHERE TO PURCHASE DANCE WEAR

Kreationz' has three preferred dance wear suppliers:

- **Action Sport and Dancewear** mobile sales - phone 0413 847 480
- **Frock Up** located at Shop 4, 53 Mountain Gate Shopping Centre, Ferntree Gully, phone 0409 182 190
- **Knox Dance Wear** located at 1st Floor, 424A Burwood Highway, Wantirna South, phone 9801 4299

Each of these suppliers can provide Kreationz students with all their dance wear and shoe needs at a discounted price. **Please mention you are a student of Kreationz before purchasing dance wear and shoes to receive the correct uniform list and discounted price.** K-Mart and Target also sell leotards, ballet skirts dance pants, leggings and footless tights at a cheaper price.

Dance shoes will be required and must be purchased by the student's 2nd Term at Kreationz.

STUDENT AND PARENT ETIQUETTE

- All classes begin and end on time. Dancers should be prompt to allow for proper warm-up and conditioning.
- Parents and friends are welcome to watch most classes, however please remain seated in the designated area and quiet during class. Leading up to Performances parents may not be permitted to watch some classes.
- **Please do not interfere during your child's class as it is distracting to all students and the teachers!**
- Siblings are welcome, but must remain seated and are not to join in with the class, unless invited to by the class teacher. **Insurance DOES NOT cover siblings who are not enrolled.**
- No food or sticky drinks are allowed in the dance hall. Students are welcome to eat in the kitchen BEFORE OR AFTER CLASS - no food or chewing gum is to be consumed during class time.
- Students are to bring their own drink in a bottle for each class (water only).
- Smoking is not permitted within the dance hall or surrounding the premises.

SAFETY

- Please notify the class teacher in the event of an injury during or prior to class.
- Students must wear appropriate dance attire to avoid injury and follow safe dance practice. **NO DENIM PLEASE!**
- Cheerleading students must only attempt stunts and tumbling runs with the supervision of the coach.
- Students must stay in class until it finishes unless parents are picking them up early.
- Parents must come into the studio to pick up their child
- No food or chewing gum is to be consumed by students during class time - this is for your own safety!

COMMUNICATION

- Newsletters and emails will be issued intermittently in class throughout the term dependant on what events, rehearsals or information needs to be communicated. It is recommended that all parents and students please read all handouts, newsletters and notices.
- We ask that illness be the only reason for missed class. It is necessary for every student to have good attendance in order to progress and develop as a dancer. If your child is going to be absent please notify the class teacher.
- **Any changes to personal details of a student should be immediately forwarded to the school to keep records up to date.**
- Please label all of your dance wear, shoes and personal items. Kreationz cannot be held responsible for lost, stolen or damaged articles or personal property.

REHEARSALS, CONCERTS AND PERFORMANCES

- It is not compulsory for a student to be involved in any Kreationz performance, however it is preferred and so much fun!
- Please notify the Principal immediately if a student will not be involved in a rehearsal or performance.
- Every student involved in any performance is required to attend rehearsals and all performances.
- Without an authorised backstage pass from the Principal, no parent, friend or other relation is permitted back stage at any performance.
- At all concerts and performances, students are not to go into the auditorium unless instructed to.
- Performance tickets can be purchased on 'first in' policy.
- Participation certificates will be handed out to all students at the mid year performance. Participation medals will be given out to all students and trophies will be awarded to selected students at the end of year performance.
- Anticipated costs for Performances are as follows (based on one student participating in one dance class):
 - Costume hire: \$20 - \$40 per costume
 - Costume purchase: \$40 - \$80 per costume
 - Rehearsal fees: \$25
 - Tickets: Between \$20 - \$25 adults, \$15 - \$20 child (depending on the theatre used)

COSTUMES

- NO COMPULSORY COSTUME MAKING INVOLVED FOR PARENTS!
- At the End of Year Performance students are required to **hire one costume** and to **purchase one costume** for each class they participate in. Fundraising will be conducted to help with these costs. Costume purchase costs will be approximately \$40 - \$80 per costume depending the complexity of the costume.
- All costumes for the Mid Year Performance are hired to the students (*excluding all Cheerleading classes who are required to purchase their uniform*). The costume hire fee will be approximately \$20 - \$40 per costume depending on the class and complexity of the costume.
- If any part of a hired costume is damaged or lost the student or parent/guardian of that student is responsible and must replace the missing pieces and pay for any damages. In the case of damage to a costume, a \$30 fee will be charged per damaged costume. In the case of a destroyed or lost costume, a \$100 replacement fee will be charged per costume.
- All hired costumes **MUST BE RETURNED** in your labeled bag on the night of the performance.
- Cheerleading and Performance students may be required to purchase costumes, shoes and pom poms which they can keep.
- There will be no refunds on costume payments.

EISTEDDFODS AND CHOREOGRAPHIC COMPETITIONS

In addition to performance troupes we encourage students to consider doing a solo, duo or trio at local eisteddfods. It is a great way for keen students to extend themselves, work towards a goal and encounter a more challenging and exciting performance experience.

Kreationz also runs a Student Choreographic Competition in Semester 1 of each year. These are semi-competitive events for students of all ages and levels at the school to perform their own choreography in an informal setting. Even the youngest students benefit from performing their own 'kreationz' in front of a small audience. Dance styles may include anything the student is able to devise and prizes are awarded at the discretion of the adjudicator.

PRIVATE LESSONS

In addition to preparation for a solo or duo, private lessons are a valuable tool for students extend themselves or who have missed some classes. One or two private lessons can get the student back on track and can enhance their confidence. Please speak to your class teacher about times and costs.

PHOTOGRAPHS AND FILMING

- You must seek permission by the Principal in order to take photos and video footage at Kreationz. All photos and video footage taken at Kreationz must not be used in any form or way for the public to view.
- A professional photography day will be held before each performance. Strictly NO photos or filming permitted at professional photography sessions. Class and individual photos will be taken and will be available for purchase.
- Photography (**NO FLASH**) is welcomed at the Performance. A professional video will be taken at the Performance and the DVD will be available for purchase therefore home videoing is not permitted.
- All photographs and video footage taken of Kreationz students during class and performances remain the property of Kreationz and may be used for any form of promotion for the dance school.

FEES POLICY, REFUNDS AND MISSED CLASSES

For **all students**, a non-refundable annual Enrolment Fee is payable **no later** than the student's second class. This fee covers Student Accident Insurance for the year and also for incidentals including a CD of all class songs. Non payment of the enrolment fee may result in the student being unable to participate in further classes and they will not be covered for any insurance claims.

Term fees are to be paid no later than 14 days from date of invoice **unless other arrangements have been made with the Principal**. **A \$10 administration fee will apply to all late payments beyond 14 days and a \$25 administration fee will apply to all late payments beyond 28 days**. Term fees are **non-refundable** and **non-transferable** to other students, including siblings. If a class is cancelled at any time by the School, either a free class will be given in lieu of the cancelled class or a credit will be issued. **All enrolment, costume, rehearsal and Performance fees are non-refundable.**

OUTSTANDING FEES: If at any time there is an outstanding debt on a student's account (including, but not limited to, term fees, costume fees and performance related fees) and the services of a debt collection agency are required to collect the outstanding debt, the parent/guardian listed on the account will be liable for all resulting additional fees and charges billed by the agency.

PARENT INVOLVEMENT - CAN YOU HELP?

If you are interested in being involved in any way, please contact the Principal ASAP!

- Fundraising activities and events will be held throughout the year. Fundraising is to raise money to buy new costumes and equipment for the school. If you have any ideas we'd love your assistance and suggestions.

*Please remember that dance classes are a team commitment and it affects the **WHOLE** class when a student is absent. Please notify the Principal if your child is going to miss a class for any reason.*

We look forward to welcoming you to Kreationz – School of Cheerleading and Dance!