

SCHOOL INFORMATION

Kreationz - School of Cheerleading and Dance is fun and friendly dance school aiming to provide children and adults with a fresh and exciting approach to dancing. We do not place pressure on students, instead we encourage them to set personal goals and we help to achieve them. Whether you want a career in dancing or if you just want to have fun, Kreationz will assist you to accomplish your aspirations.

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OUR TEACHING STAFF

Miss Kristen Morton	<i>Jazz, Cheerleading, Tumbling, Mini Dancestarz, Mini Cheerstarz, Mums/Dads & Bubs</i>
Miss Orsika Nagy	<i>Hip Hop</i>
Miss Sarah Eldridge	<i>Classical Ballet, Contemporary and Tap</i>
Miss Rhiannon Ferris	<i>Cheerleading and Contemporary</i>
Michael 'Foxy' Fox	<i>Breakdance and Hip Hop</i>
Miss Soni Spreadborough	<i>Bollywood</i>
Miss Kineesha Peterson	<i>Assistant Teacher Jazz and Mini Dancestarz</i>
Miss Kristen Gurney	<i>Assistant Coach Mini Cheerstarz and Junior Cheerleading</i>

OUR DISCIPLINES

BOLLYWOOD is a commercial name for modern Indian dancing. It's a combination of classical Indian dance, folk dancing and modern hip hop. It's fun and works out your entire body - a fabulous cardio workout!

BREAKDANCE is a street-based dance style that incorporates intricate body movements, coordination, style, and aesthetics. Learn top-rocks, freezes and much more!

BREAKDANCE POWER MOVES are some of the flashiest and most impressive elements of breakdance. They include widely recognized power moves such as the windmill, head spins and flare.

BRIDAL BALLROOM/BRIDAL BOLLYWOOD lessons are available for anyone who wants to learn a special dance for their big day. Dances are uniquely choreographed to your choice of music.

CHEERLEADING involves a combination of dance, gymnastics, team acrobatics, pom-pom motions, chants and cheers, stunting, jumps and kicks and team leadership.

CLASSICAL BALLET is the most technical of all classes. It is recommended that all dancers enrol in a technique class such as this. The strength and control learned in a class such as this is a valuable asset to any dance style.

CONTEMPORARY is basically classical ballet with the rule book thrown out! It is an expressionist form of dance and encompasses many facets of movement.

HIP HOP is the latest style of street dancing as seen in rap video clips - think Missy Elliot, Justin Timberlake and Beyonce! Students will be encouraged to apply their own styles and creativeness to the routines.

HIP HOP/BREAKDANCE COMBO includes all of the elements of Hip Hop dance with basic/intermediate (depending on your level) breakdance skills thrown in!

OUR DISCIPLINES CON'T

JAZZ is often associated with musicals such as Chicago or Fame, modern jazz is also the style used for pop concerts, opening ceremonies and music videos.

MINI CHEERSTARZ is heaps of fun allowing 3 - 5 year olds to learn basic tumbling skills such as forward rolls and cartwheels, as well as cheerleading pom pom motions and dance.

MINI DANCESTARZ is a fun and energetic class full of games and basic jazz routines for 2.5 - 4 year olds.

MUMS/DADS AND BUBS is an energetic class full of games and lots of fun for Mums, Dads and their 2 - 4 year olds (Grandparents and other relatives welcome too!) - a chance for the adults to be silly too!

POPPING AND LOCKING are two of the original funk styles of dance of the 1970s. Like breakdance, both are often performed in a battle - trying to outperform another dancer or group of dancers in front of a crowd.

SONG AND DANCE classes incorporate jazz, tap and vocals all in one. A combination of pop and musical production songs will be learnt. This class teaches musical theatre and characterisation

TAP was established by greats such as Fred Astaire and Gene Kelly, but today with groups such as the Tap Dogs, tap dancing has grown to be very funky.

TUMBLING is the ideal way to perfect your technique and skills for any of our dance classes. Our tumbling program includes learning all floor tumbling skills, ranging from the basic hand stand to back flips.

PERFORMANCE TROUPES AND SQUADS are available to students by audition. Performance opportunities involve State and National competitions, Eisteddfods, Festivals, Parades, Corporate and Social Functions.

PRIVATE LESSONS are available in all styles of dance.

GROUP LESSONS in all styles for **KINDER, PRIMARY, HIGH SCHOOL, CORPORATE** and **SOCIAL** groups.

CLASS ATTIRE

At Kreationz we believe that students should be able to show their own personalities through their style and clothing. However, we do ask that student wear suitable clothing for dance as it can be unsafe and sometimes dangerous when the incorrect clothing is worn.

Kreationz has an optional uniform that can be purchased - please ask in class for samples and an order form.

We suggest the following dance wear items for each class (please note that Kreationz' colours are pink and purple):

Adult Classes

Please ensure you can move and stretch in all items of clothing

Tops Singlet OR t-shirt (fitted or loose)

Legs Leggings (full or $\frac{3}{4}$) OR dance pants OR tracksuit pants (full or $\frac{3}{4}$) OR shorts

Feet **Jazz** - Jazz shoes OR jazz runners OR sneakers OR bare feet

Tap - Tap shoes you feel comfortable dancing in (we recommend a low heel for beginners)

Bollywood - Bare feet

CLASS ATTIRE CON'T

Jazz/Tap/Contemporary/Mini Dancestarz

Tops Leotard OR fitted singlet OR fitted t-shirt OR wrap around

Legs Bike shorts OR leggings (full or $\frac{3}{4}$) OR fitted dance pants OR pale pink ballet tights OR ballet skirt
(Boys - dance pants or shorts)

Feet **Jazz Tinies and Juniors** - Baby Ballet full sole shoes OR bare feet OR stirrup legwarmers - no Jiffies!

Jazz Pre-Teens, Teens and Seniors - Tan Bloch split sole jazz shoes **AND** black Bloch jazz runners - both will be required for the concert

Tap - Tan Bloch 'Tap-on' shoes

Contemporary - Skin coloured Bloch foot thongs

Cheerleading/Tumbling/Mini Cheerstarz

Tops Fitted singlet OR fitted t-shirt OR wrap around - no loose tops

Legs Fitted bike shorts OR stretchy shorts - no loose pants

Feet Kaepa Cheerleading shoes - please see Kristen for purchase

Hip Hop/Breakdance

Basically, if you can move and stretch in it, it is acceptable!

Tops T-shirt OR singlet OR jumper

Legs Dance pants OR $\frac{3}{4}$ leggings OR stretchy tracksuit pants OR shorts

Feet Runners (preferably not jazz runners)

Classical Ballet

Tops Pink or purple leotard OR fitted singlet OR wrap around

Legs Pale pink ballet tights WITH pink and purple ballet skirt OR black fitted bike shorts

Feet Pale pink full sole ballet shoes with elastic

Hair should be tied up for all classes and students are requested not to wear dance shoes outside to and from classes.

WHAT NOT TO WEAR

- NO DENIM
- NO ugg boots
- NO street shoes (except for Hip Hop class)
- NO baggy clothes (to enable the correction of posture and technique)
- NO thongs
- NO jiffies (they are too slippery!)
- NO tight, un-stretchable clothes
- NO hooded jumpers

NO JEWELLERY OR PIERCINGS ARE TO BE WORN TO CLASS FOR THE SAFETY OF ALL STUDENTS.

WHERE TO PURCHASE DANCE WEAR

Kreationz' preferred dance wear supplier is **Knox Dance Wear** located at 1st Floor, 424A Burwood Highway, Wantirna South, phone 9801 4299 (directly opposite Knox City Shopping Centre - located within ABC Costume Hire). Knox Dance Wear can provide Kreationz students with all their dance wear and shoe needs at a **10% discounted price**. Please mention you are a student of Kreationz before purchasing dance wear and shoes to receive the correct uniform list and discounted price. K-Mart and Target also sell dance pants, leggings and footless tights.

Dance shoes will be required for the concert must be purchased by the student's 2nd Term at Kreationz.

STUDENT AND PARENT ETIQUETTE

- All classes begin and end on time. Dancers should be prompt to allow for proper warm-up and conditioning.
- Parents and friends are welcome to watch classes, however please remain seated in the designated area and quiet during class.
- **Please do not interfere during your child's class as it is distracting to all students and the teachers!**
- Siblings are welcome, but must remain seated and are not to join in with the class, unless invited to by the class teacher. **Insurance DOES NOT cover siblings who are not enrolled.**
- An enclosed outdoor playground is available for siblings to use during class time (St Paul's Hall only).
- No food or sticky drinks are allowed in the dance hall. Students are welcome to eat in the kitchen BEFORE OR AFTER CLASS - no food or chewing gum is to be consumed during class time.
- Students are to bring their own drink in a bottle for each class (water only).
- Smoking is not permitted within the dance hall or surrounding the premises.

SAFETY

- Please notify the class teacher in the event of an injury during or prior to class.
- Students must wear appropriate dance attire to avoid injury and follow safe dance practice. **NO DENIM PLEASE!**
- Students must stay in class until it finishes unless parents are picking them up early.
- Parents must come into the studio to pick up their child - students will not be allowed outside and studio doors will be locked during class time in the non-daylight saving period.
- No food or chewing gum is to be consumed by students during class time - this is for your own safety!

COMMUNICATION

- Newsletters and emails will be issued intermittently in class throughout the term dependant on what events, rehearsals or information needs to be communicated. It is recommended that all parents and students please read all handouts, newsletters and notices.
- We ask that illness be the only reason for missed class. It is necessary for every student to have good attendance in order to progress and develop as a dancer. If your child is going to be absent please notify the class teacher.
- **Any changes to personal details of a student should be immediately forwarded to the school to keep records up to date.**
- Please label all of your dance wear, shoes and personal items. Kreationz cannot be held responsible for lost, stolen or damaged articles or personal property.

REFUNDS AND MISSED CLASSES

No refunds will be given on Term fees. If a class is cancelled at anytime by the School, either a free class will be given in lieu of the cancelled class, or a credit will be issued.

Please remember that dance classes are a team commitment and it affects the WHOLE class when a student is absent. Please notify the Principal if your child is going to miss a class for any reason.

REHEARSALS, CONCERTS AND PERFORMANCES

- It is not compulsory for a student to be involved in any Kreationz performance, however it is preferred and so much fun!
- Please notify the Principal immediately if a student will not be involved in a rehearsal or performance.
- Every student involved in any performance is required to attend rehearsals and all performances.
- Without an authorised backstage pass from the Principal, no parent, friend or other relation is permitted back stage at any performance.
- At all concerts and performances, students are not to go into the auditorium unless instructed to.
- An indemnity form is required to be signed for all performances other than the concert (i.e. festivals, shopping centre appearances).
- Performance tickets can be purchased on 'first in' policy. Prices will be given closer to the Performance date.
- Participation certificates will be handed out to all students at the mid year and end of year performances. Participation medals will be given out to all students and trophies will be awarded to selected students at the end of year performance.

COSTUMES

- NO COMPULSORY COSTUME MAKING INVOLVED FOR PARENTS!
- All costumes for the Performance can be hired. The costume hire fee will be approximately \$15.00 - \$40.00 per costume depending on the class and complexity of the costume.
- If any part of a hired costume is damaged or lost the student or parent/guardian of that student is responsible and must replace the missing pieces and pay for any damages. In the case of damage to a costume, a \$30 fee will be charged per damaged costume. In the case of a destroyed or lost costume, a \$100 replacement fee will be charged per costume.
- All hired costumes MUST BE RETURNED in your labeled bag on the night of the performance.
- Some performance students may be required to purchase costumes, shoes and pom poms which they can keep.
- There will be no refunds on costume payments.

EISTEDDFODS AND CHOREOGRAPHIC EVENINGS

In addition to performance troupes we encourage students to consider doing a solo, duo or trio at local eisteddfods. It is a great way for keen students to extend themselves, work towards a goal and encounter a more challenging and exciting performance experience.

Kreationz also runs a Student Choreographic Competition in Semester 1 of each year. These are competitive events for students of all ages and levels at the school to perform their own choreography in an informal setting. Even the youngest students benefit from performing their own 'kreationz' in front of a small audience. Dance styles may include anything the student is able to devise and prizes are awarded at the discretion of the adjudicator.

PRIVATE LESSONS

In addition to preparation for a solo or duo, private lessons are a valuable tool for students extend themselves or who have missed some classes. One or two private lessons can get the student back on track and can enhance their confidence. Please speak to your class teacher about times and costs.

PHOTOGRAPHS AND FILMING

- Photos and video footage taken at Kreationz must not be used in any form or way for the public to view.
- A professional photography day will be held before each performance. Strictly NO photos or filming permitted at professional photography sessions. Class and individual photos will be taken and will be available for purchase.
- Photography (**NO FLASH**) is welcomed at the Performance. A professional video will be taken at the concert and the DVD will be available for purchase therefore home videoing is not permitted.
- All photographs and video footage taken of Kreationz students during class and performances remain the property of Kreationz and may be used for any form of promotion for the dance school.

PARENT INVOLVEMENT - CAN YOU HELP?

If you are interested in being involved in any way, please contact the Principal ASAP!

- Fundraising activities and events will be held throughout the year. Fundraising is to raise money to buy new costumes and equipment for the school. If you have any ideas we'd love your assistance and suggestions.

We look forward to welcoming you to Kreationz – School of Cheerleading and Dance!